

How Do We Understand Someone Who Is Discontented?

Written by Tzu Chi Foundation
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Question: How do we understand someone who is discontented?

Dharma Master Cheng Yen replied:

We should influence them with our compassion. If they cannot feel it, you should sympathize for them. A content person can feel joy and happiness. However, an ungrateful person is far from this, and internally, experiences suffering. Being able to find reasons to sympathize for others is compassionate understanding.

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