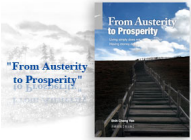


## New Book: From Austerity to Prosperity

Written by Tzu Chi Foundation

Wednesday, 21 August 2013 15:17

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What comes to your mind when you see the phrase, “from austerity to prosperity,” for the first time? Poverty? Hardship? How can prosperity be achieved through austerity? In our modern society, people seek fame and fortune and strive to satisfy their every need. So why are we advocating austerity? What is the purpose of introducing this concept now, and who is the intended target?

We are facing imminent problems that have a serious effect on our lives, such as rising temperatures and shortages of water and food. We must confront these life-and-death problems and find solutions. We should start by avoiding extravagance. We must return to a simpler, more natural way of living, and restrain our hearts so they do not run away with our desires.

Austerity means choosing simplicity and self-discipline, and forgoing excess. If we minimize our desires, keep our minds clean and pure, and strive to benefit others, our life of austerity will lead us to wealth and contentment physically, mentally, and spiritually, which is true prosperity.

### Details

Language: English

Author: Shih Cheng Yen

Translation Team: Translation Team of the Tzu Chi USA

Publisher: Jing Si Publications, Taiwan

Pages: 208

Paperback

Release date: August, 2013

List Price: NT\$350