



Working Together to Mitigate Disasters

In our lives, we have three obstructions: greed, anger, and ignorance. To eliminate greed, we must first rid ourselves of the craving for meat. Then, we will naturally be able to subdue our greed. To eliminate anger, reflect on whether we have resentment in our interactions with others. To eliminate ignorance, deeply self-reflect: Have we taken the Dharma to heart? Have we slandered others for doing something good?

Loving reminders from Tzu Chi