

Weekend Recipes' Corner: Vegetarian Pasta

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We can make all kinds of vegetarian food by making small changes to recipes. Take this dish 'Vegetarian pasta,' for example; it's easy to make and serve at home. Please try it yourself and share this great dish with your families.

Ingredients:

Fusilli pasta
Cauliflower and Broccoli
Asparagus
Red Bell Pepper
Yellow Bell Pepper
King Trumpet Mushroom

Seasoning:

2 teaspoons of olive oil
1 cup of milk
1 1/2 teaspoon of flour
Butter
A pinch of salt and pepper
Salt

Directions:

1. Add butter into a pan and mix it with milk and flour.
2. Put water and salt in a pot to prepare the fusilli pasta.
3. Cut and stir fry the vegetables with olive oil and add them to the pan. Mix well together with the pasta.

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